



Projet Compassion Project

Corporation catholique de la santé du Manitoba Catholic Health Corporation of Manitoba

Join us for a Compassion Grand Round



Practicing from the Heart of the Awakened Mind

Jerome Stone, RN, MA

Calling on his decades of experience in the nursing profession Jerome will share with us teachings, stories and insights that will inspire any practitioner to rediscover their art of practice as a blessed opportunity. All of us in the helping professions are at one time or another faced with the big questions: What does it mean to “show up”, to be present for another? How can I possibly be helpful in the face of unfathomable suffering or impossible circumstances? What really is compassion?

Jerome Stone is the author of the book, *Minding the Bedside: Nursing from the Heart of the Awakened Mind*. He is also a blogger on the sites: *Minding the Bedside* and *What Meditation Really Is*. He is a speaker on the topic of meditation, mindfulness and compassion, and can be reached through the blog for his book. He is a Registered Nurse with over thirty years in a variety of health-care settings, including pain management, hospice care, ICU, and research in complimentary and alternative medicine. His research includes investigations into the effects of compassion on cancer patients and the effects of prayer-at-a-distance on people with HIV/AIDS. He is a long-time practitioner of meditation, with an emphasis on the study of cross-cultural contemplative practices, and on the study and practice of Tibetan Buddhism. He lives in Boulder, Colorado, with his wife, Jill and their son, Noah.

Monday, February 13, 2012
1200-1300 hours

Samuel Cohen Auditorium, St-Boniface Research Centre, 351 Taché Avenue

FREE ADMISSION – NO REGISTRATION NECESSARY – ALL WELCOME

For further information contact: Dawn MacDonald 235-3700



Hôpital St-Boniface Hospital

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