

JEROME STONE, RN, MA

208 Pearl St. L • Boulder, CO 80302 • (720) 544-1114 B • (720) 878-1182 C • jerome@touchstoneservices.com

- Highly motivated Registered Nurse with over 30 years experience in healthcare.
- Well-developed organizational skills and research skills including literature, archival and journal searches as well as online research.
- Persuasive writing style, capable of creating unique voices targeting a wide range of audiences and readers.
- Strong teaching skills, including a degree in education.
- Personable, attentive, and dedicated to producing excellent quality work for employers.

PROFILE OF QUALIFICATIONS

- Enthusiastic writer, blogger and content-driven author capable of providing high-quality work on a regular basis.
- Enthusiastic educator who thrives in providing quality educational products and services to healthcare providers and the lay public.
- Mature and approachable professional whose communication skills have been tempered through his bedside care of the sick.

JOB RELATED PROFESSIONAL & TECHNICAL SKILLS

- | | | | |
|---------------------------|--------------------------|------------------------------|--------------------------|
| • Intensive/Critical Care | • Healthcare Advocacy | • Public Speaking | • Microsoft Office Suite |
| • Pre/Post Operative Care | • Healthcare Consulting | • Conference Presentations | • Computer Proficiency |
| • End-of-Life Care | • Clinical Education | • Writing/Editing | • Content Management |
| • Clinical Research | • Curriculum Development | • Literature Search/Research | • Mac and PC literate |

PROFESSIONAL SYNOPSIS

Self-published Author

BOULDER, COLORADO

2011 – PRESENT

- [*Minding the Bedside: Nursing from the Heart of the Awakened Mind*](#), published September 26, 2011.
- Self-published book for Registered Nurses and Healthcare Professionals on meditation and stress management.
- Promotion and marketing efforts from pre-publish date to post-publish market analysis and strategies.
- Public and institutional speaking engagements for presentation of book content to healthcare professionals and laypeople.
- Ongoing blogging and journal-submissions for marketing and promotion of book.

Drug Safety Associate, II

OSI PHARMACEUTICALS, BOULDER, COLORADO

2009 -2011

- Collection and triage of all adverse event reports related to post-market and investigative pharmaceutical products.
- Submission of adverse event reports to US and global regulatory authorities per legal and mandated reporting guidelines.
- Liaison to clinical-trial sites for report-creation and writing of study protocols.
- Database reconciliation for clinical-trials and adverse events.
- *****Please note: This position was eliminated when the company was acquired.***

Intensive/Critical Care Nurse

BOULDER COMMUNITY HOSPITAL, BOULDER, CO

2007 – 2009

- Provision of all bedside clinical/nursing services to ICU/CCU patients, including but not limited to;
 - Invasive physiological monitoring and interventions based on clinical data and symptom presentation.
 - Post-operative wound-care for cardi thoracic, trauma, medical-surgical patients; second and third intention wound management and intervention.
 - Medication management including vasopressors titration, hypoglycemic therapy, CIWA protocol induction.

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PROFESSIONAL SYNOPSIS (CONTINUED—PAGE TWO)

Hospice Nurse

HOSPICE OF SOUTHERN MAINE, PORTLAND, ME

2005 – 2007

- Provision of end-of-life and palliative care to patients, including but not limited to:
 - Symptom management for end-of-life associated disorders such as nausea, vertigo, nutritional deficiencies.
 - Pain management utilizing multi-pronged approach to nociceptive, neuropathic and bone pain.

Cardiothoracic Intensive Care Nurse

MAINE MEDICAL CENTER, PORTLAND, ME

2004 – 2005

- Provision of all bedside clinical/nursing services to post-open-heart surgery patients, including but not limited to;
 - Invasive physiological monitoring and interventions based on clinical data and symptom presentation.
 - Post-operative wound-care for cardiothoracic surgery, second and third intention wound management and intervention.
 - Medication management including vasopressors titration, hypoglycemic therapy.
 - Management of balloon-pumping, ventricular-assistance devices for post-cardiothoracic patients.
 - Mentor newly hired RNs.

Co-Principal Investigator/Project Manger

CALIFORNIA PACIFIC MEDICAL CENTER, SAN FRANCISCO, CA

2000 – 2003

- Obtained privately-funded grant, developed and ran operations for two-year study. Duties included:
 - Study design and implementation.
 - Creation and implementation of training program.
 - Creation and submission of protocol to regulatory bodies.
 - Oversight of RAs on data collection and management.
 - Co-author to final study article, published in peer-reviewed journal.
- Project Manager of \$2M NIH-funded study. Duties included:
 - Study design and implementation.
 - Patient/participant recruitment.
 - Database creation and management.
 - Creation and submission of protocol to regulatory bodies.
 - Co-author to final study article, published in peer-reviewed journal.

Clinical Research Coordinator

UNIVERSITY OF CALIFORNIA MS CENTER, SAN FRANCISCO, CA

1999 – 2003

- Coordinated 36-month clinical trial for use of mitoxantrone in primary progressive multiple sclerosis.
 - Co-author to multiple study-related articles, published in peer-reviewed journals.
- Consultant, Injection Anxiety Study. Co-development of training program for study participants.
 - Co-author to final study article, published in peer-reviewed journal.

Case Manager

UNIVERSITY OF CALIFORNIA PAIN MANAGEMENT, SAN FRANCISCO, CA

1998 – 1999

- Case Manager for 3500 patients at the UCSF Pain Management Clinic.
- Liaison to primary-care providers, third-party payers, legal representation, medical-device suppliers, and pharmaceutical representatives.

~ Additional Professional Roles Held from 1982 to 1997 ~

PROFESSIONAL PUBLICATIONS

- Stone, J.** Minding the Bedside: A Reminder from a Hospice Nurse. *Natural Transitions Magazine*. Spring, 2012: 15-17.
- Radin, D, **Stone, J**, Levine, E, Eskandarnejad, S Schlitz, M, Kozak, L, Mandel, D & Hayssen G. Compassionate intention as a therapeutic intervention by partners of cancer patients. Part II: Effects of distant intention on the patients' autonomic nervous system. *Explore Magazine*, 2008 July-Aug; 4(4): 235 – 243.
- Astin JA, **Stone J**, Abrams DI, Moore DH, Couey P, Buscemi R, Targ E. The Efficacy of Distant Healing for Human Immunodeficiency Virus--results of a randomized trial. *Altern Ther Health Med*. 2006 Nov-Dec;12(6):36-41.
- Cox, D, **Stone, J**. Managing self-injection difficulties in patients with relapsing-remitting multiple sclerosis. *J Neurosci Nurs*. 2006 Jun;38(3):167-71
- Stuve O, Kita M, Pelletier D, Fox RJ, **Stone J**, Goodkin DE, Zamvil SS. Mitoxantrone as a potential therapy for primary progressive multiple sclerosis. *Mult Scler*. 2004 Jun;10 Suppl 1:S58-61.
- Fox, R.J., Bacchetti, P., Cohen, J.A., Goodkin, D.E., Kita, M., Pelletier, D., **Stone, J.** and Zamvil, S. Measuring Disease Progression in Primary Progressive Multiple Sclerosis. *American Academy of Neurology*, 2003, presentation.
- Kita, M., Pelletier, D. **Stone, J.** and Zamvil, S. A Phase II Trial of Mitoxantrone in Primary Progressive MS Patients. *Neurology*, 2001, 56 (8) A149 (suppl).

PROFESSIONAL PRESENTATIONS

- Minding the Bedside: Nursing from the Heart of the Awakened Mind.** February 15, 2012. Presentation to members of the Winnipeg healthcare community, **Winnipeg, Canada.**
- Practicing from the Heart of the Awakened Mind.** February 13, 2012. Grand Rounds, The Catholic Healthcare Corporation of Manitoba, **Winnipeg, Canada.**
- Mindfulness Based Stress Reduction in Clinical Care.** April 19, 2006. Psychiatry Grand Rounds, Maine Medical Center, **Portland, ME.**
- Mindfulness Based Stress Reduction in the Workplace.** September, 2005. Standard Insurance, **Portland, ME.**
- Mindfulness Based Stress Reduction Program.** June 28, 2005. Virginia Mason Medical Center, **Seattle, WA.**
- Practical Mindfulness Techniques for Dealing with Everyday Living.** May 18, 2005. Dana Learning Center, Maine Medical Center, **Portland, ME.**
- Teaching Compassionate Loving Intention to Couples Facing Cancer.** January 12, 2005. Virginia Mason Medical Center, Prostate Cancer Support Group, **Seattle, WA.**
- Compassion in Action: Bringing the Heart into Diagnosis.** January 12, 2005. Virginia Mason Medical Center, Tumor Board presentation. **Seattle, WA.**
- Deepening Relationships – Implementing Integrative Care.** October 23, 2004. Teaching Healing to Partners. **Cape Elisabeth, ME.**
- Effects of Compassionate, Loving Intention as Therapeutic Intervention by Partners of Cancer Patients.** May 21, 2004. Compassionate Love Research Conference, **Washington, DC.**
- Integrative Medicine For Pain.** May 13, 2004. Mercy Hospital, **Portland, ME.**
- Strategies for Injection Anxiety in Multiple Sclerosis Patients.** February 20, 2004. Biogen-Idex Meeting, **Miami, FL.**
- The Mythconception of Pain: Why We Need Mythic Images in Medicine.** May, 2000. UCSF – Pain Interest Group, **San Francisco, CA.**

EDUCATION

Masters Degree in Psychology
Bachelors of Arts in Science/Education
Associates Degree in Nursing

PACIFICA GRADUATE INSTITUTE
PRESCOTT COLLEGE
YAVAPAI COLLEGE